

BREAKFAST & BRUNCH BOWLS

CHIA PUDDING BOWLS

CHIA SEED PUDDING FLAVOURED WITH COCONUT MILK, VANILLA & AGAVE

TOPPING CHOICES:

COCONUT PURÉE, RASPBERRY AÇAÍ, MANGO AÇEROLA, CASSIS & AÇAÍ OR NUTMIX

SEASONAL SPECIAL: ADD FRESH BERRIES € 2.00

BIRCHER MUESLI BOWLS € 5.50

OVERNIGHT OATS SOAKED IN ALMOND MILK WITH BUCKWHEAT, FLAX SEEDS, PUMPKIN SEEDS, DRIED FIGS, DATES, APRICOTS & CRANBERRIES

TOPPING CHOICES:

RASPBERRY AÇAÍ, MANGO AÇEROLA, CASSIS & AÇAÍ OR NUTMIX

SEASONAL SPECIAL: ADD FRESH BERRIES € 2.00

BRUNCH SPECIALS

WARM PORRIDGE BOWLS

BERRY CINNAMON PORRIDGE BOWL € 8.50

GLUTENFREE CINNAMON PORRIDGE MADE WITH OAT MILK, MIXED BERRIES, BANANAS, WALNUTS, ALMONDS, CASHEWS & MAPLE SIRUP

RAW CACAO PORRIDGE BOWL € 8.50

GLUTENFREE CACAO PORRIDGE MADE WITH OAT MILK, MIXED BERRIES, BANANAS, WALNUTS, CASHEWS, RAW CACAO DROPS, ALMOND BUTTER & MAPLE SIRUP

SEASONAL SPECIALS

BANANA WAFFLES € 8.50

GLUTENFREE & VEGAN OAT BANANA WAFFLES WITH FRESH BERRIES, MAPLE SIRUP, FRESH BANANA & POWDER SUGAR.

YOGHURT BOWLS € 5.50

COCONUT YOGHURT BOWL

CREAMY COCONUT SOY YOGHURT WITH COCONUT FLAKES & CRUNCHY GLUTENFREE GRANOLA

MATCHA & COCONUT YOGHURT BOWL

CREAMY COCONUT SOY YOGHURT WITH MATCHA GREEN TEA POWDER, COCONUT FLAKES & CRUNCHY GLUTENFREE GRANOLA

AÇAÍ YOGHURT BOWL

CREAMY SOY YOGHURT BLENDED WITH AÇAÍ BERRIES, BLACK CURRANTS & CRUNCHY GLUTENFREE GRANOLA

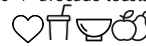
RAW CACAO YOGHURT BOWL

CREAMY SOY YOGHURT BLENDED WITH MEDJOOL DATES, RAW CACAO POWDER, RAW CACAO NIBS & CRUNCHY GLUTENFREE GRANOLA

SEASONAL SPECIAL: ADD FRESH BERRIES € 2.00

superfoods berlin

bowls | cold pressed juices | açai bowls | avocado toasts



LOCATIONS: WEINBERGSWEG 23 / 10119 BERLIN - MITTE // SCHLUETERSTRASSE 37 / 10629 BERLIN - CHARLOTTENBURG // FRIEDRICHSTRASSE 63 / 10117 BERLIN - MITTE

BREAKFAST & BRUNCH BOWLS

SMOOTHIE BOWLS € 9.50

AÇAÍ BOWL

100% BRAZILIAN AÇAÍ PURÉE BLENDED WITH BANANA & AGAVE

PROTEIN PEANUT SMOOTHIE BOWL

AVOCADO, BANANA, VEGAN VANILLA RICE & PEA PROTEIN POWDER, COCONUT MILK, AGAVE & PEANUT BUTTER

RAW CACAO SMOOTHIE BOWL

AVOCADO, BANANA, RAW CACAO POWDER & COCONUT MILK

MANGO ACEROLA SMOOTHIE BOWL

100% BRAZILIAN ACEROLA PURÉE, MANGO, BANANA & COCONUT MILK

GREEN MATCHA SMOOTHIE BOWL

MANGO, SPINACH, COCONUT MILK, GREEN TEA MATCHA & AGAVE

OUR STANDARD SMOOTHIE BOWL TOPPINGS ARE: BANANA SLICES, CRUNCHY GRANOLA, COCONUT FLAKES, CHIA SEEDS & FRESH BERRIES

 optional: gluten free granola

RAW & SUGARFREE CAKES € 5.50

RAW CACAO & AVOCADO BROWNIE

CREAMY CACAO MOUSSE WITH WALNUTS, CASHEWS, GLUTENFREE ROLLED OATS, DATES, COCONUT MILK, RAW CACAO, RAW CACAO NIBS, AVOCADO & FRESH BERRIES.

PROTEIN PEANUT CAKE

CREAMY AVOCADO MOUSSE WITH PEANUT BUTTER, COCONUT MILK, VANILLA PROTEIN & COCONUT MILK. WALNUTS, GLUTENFREE ROLLED OATS & FRESH BERRIES.

RAW BANANA BREAD

CREAMY AVOCADO MOUSSE WITH PEANUT BUTTER, COCONUT MILK, VANILLA PROTEIN & COCONUT MILK. WALNUTS, GLUTENFREE ROLLED OATS & FRESH BERRIES.

TOASTED AVOCADO SANDWICHES & BAGELS

GLUTENFREE LOW CARB GRAIN BREAD- WHEATFREE, YEASTFREE, FLOURFREE & SUGARFREE OR SPELT FLOUR BAGELS

AVOCADO & TOMATO SANDWICH € 5.50

FRESH AVOCADO, SUNDRIED TOMATO & CASHEW PESTO, LEMON JUICE, SEASALT, PEPPER & FRESH SALAD.

AVOCADO & CREAM CHEESE SANDWICH € 5.50

FRESH AVOCADO, CREAM CHEESE, SEASALT, PEPPER, LEMON JUICE & FRESH SALAD.

LUNCH BOWLS

SALAD BOWLS

HIGH PROTEIN QUINOA BOWL € 10.00

QUINOA MARINATED IN SESAME OIL, STEAMED BROCCOLI, HOUSEMADE BEETROOT HUMMUS, MARINATED CHICKPEAS, BLACK BEANS, EDAMAME BEANS, CUCUMBER, LEMON & FRESH AVOCADO (SERVED CHILLED)

 DRESSING RECOMMENDATION: TAHINI DRESSING

POKÉ BOWL € 12.50

FRESH MANGO, CHILI, AVOCADO, EDAMAME, RADISHES, CUCUMBER, PICKLED RED ONION, BLACK SESAME & SESAME OIL, FRESH MIXED SALAD, POMEGRANATE, CASHEWS/PEANUT MIX & BLACK RICE.

(SERVED CHILLED)

 DRESSING RECOMMENDATION: CASHEW SOY OR CHILLI GINGER DRESSING

ORIENTAL BOWL € 10.00

CHICKPEA FALAFEL, LEMON-TUMERIC HUMMUS, MILLET TABBOULEH SALAD WITH CUCUMBER, SUNDRIED TOMATO & PARSELY. ROASTED BELL PEPPER & ZUCCHINI. CHICKPEAS, BLACK BEANS, STEAMED TUMERIC CAULIFLOWER WITH TUMERIC, FRESH CORIANDER, CUCUMBER & CRANBERRIES.

(SERVED CHILLED)

 DRESSING RECOMMENDATION: CASHEW SOY OR CHILLI GINGER DRESSING

OPTIONAL: ADD FRESH MIXED SALAD TOPPING € 2.50

SUMMER ROLLS € 8.50

HOUSEMADE VEGETABLE, SALAD & RICE PAPER SUMMER ROLLS WITH EDAMAME, CHILLI, CILANTRO & PEANUTS

 DRESSING RECOMMENDATION: CHILLI GINGER, SAMBAL OELEK OR CASHEW SOY

GYOZA DUMPLING BOWL € 10.00

ROASTED GYOZA DUMPLINGS WITH VEGETABLE & KIMCHI FILLING ON FRESH MIXED SALAD, EDAMAME BEANS, FRESH CILANTRO, CHILLI & PEANUTS.



 DRESSING RECOMMENDATION: CHILLI GINGER, SAMBAL OELEK OR CASHEW SOY

WARM LUNCH BOWLS

THAI CURRY BOWL € 10.00

CREAMY YELLOW THAI CURRY WITH COCONUT MILK, PEANUTS, FRESH CILANTRO & CHILLI, ZUCCHINI, CAULIFLOWER, BROCCOLI, BELL PEPPER & EGGPLANT SERVED WITH BLACK LOW - CARB RICE

SOUP OF THE DAY € 5.50

ADD GLUTENFREE BREAD € 2.00